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| Дата 26.05.2025 | **ЯСЛИ** | |
| Завтрак | Гр | Ккал |
| Масло сливочное | 5 | 33,05 |
| Кашагречневая молочная жидкая | 150 | 166,7 |
| Кофейный напиток без молока | 170 | 34,42 |
| Хлеб пшеничный | 30 | 70,5 |
| Второй Завтрак |  |  |
| Сок фруктовый | 200 | 92 |
| Обед |  |  |
| Уха рыбацкая | 150 | 52,37 |
| Люля-кебаб в томатном соусе | 60/10 | 152,71 |
| Каша перловая с овощами | 120 | 109,83 |
| Компот из кураги | 150 | 66,48 |
| Хлеб ржаной | 40 | 69,9 |
| Полдник |  |  |
| Шанежка наливная | 40 | 115,39 |
| Снежок | 160 | 126,4 |
| Ужин |  |  |
| Икра кабачковая | 40 | 47,6 |
| Картофельная запеканка с овощами с соусом молочным | 150/30 | 191,92 |
| Чай полусладкий | 180 | 18 |
| Хлеб пшеничный | 25 | 58,75 |
| Заведующий МБДОУ «Детский сад 238» Сепп М.А. |  |  |

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| |  |  |  | | --- | --- | --- | | Дата 26.05.2025 | **САД** | | | Завтрак | Гр | Ккал | | Масло сливочное | 5 | 33,05 | | Каша гречневая молочная жидкая | 200 | 222,38 | | Кофейный напиток без молока | 200 | 34,34 | | Хлеб пшеничный | 40 | 94 | | Второй Завтрак |  |  | | Сок фруктовый | 200 | 92 | | Обед |  |  | | Уха рыбацкая | 200 | 69,44 | | Люля-кебаб в томатном соусе | 70/10 | 161,6 | | Каша перловая с овощами | 150 | 130,7 | | Компот из кураги | 200 | 72 | | Хлеб ржаной | 49,8 | 87,39 | | Полдник |  |  | | Шанежка наливная | 50 | 149,2 | | Снежок | 195 | 150,1 | | Ужин |  |  | | Икра кабачковая | 60 | 71,4 | | Картофельная запеканка с овощами с соусом молочным | 180/30 | 218,91 | | Чай полусладкий | 200 | 24,4 | | Хлеб пшеничный | 35 | 82,25 | |  |  |  | | | | | | | | | |
| Заведующий МБДОУ «Детский сад 238» Сепп М.А. | |  | |  | |  | |  |
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